



THE STEEL WOOD

COLLECTION FOR MEN

Where Men Unwind, Recover & Recharge

The Gentleman's Grooming (Mani)	30 min	R290.00
The Gentleman's Grooming (Pedi)	30 min	R290.00
Train Hard & Recover Harder Massage with Hot Stones (Full Body Massage)	75 min	R670.00
Build for Recovery Facial	45 min	R390.00
The Workday Release (Back, Neck & Shoulder Massage)	45 min	R460.00
Steelwood Full Body Massage (where men unwind)	60 min	R600.00

- Deep Tissue
- Hot Stone Strength Massage
- Sport Recovery
- Relaxation

For Reservations

012 381 5400

spa@mountamanzi.co.za

Operating Hours: 09:00 – 18:00 Daily

New Prices from 1 March 2026



MBALI
-day spa-